



# E-Street Voice

Volume 3, Issue 1

January 2019

Editorial Note...

## Running on Happiness Track!

“The art of being happy lies in the power of extracting happiness from common things”, says Henry Ward Beecher. In the book, ‘The Joy of Living: Unlocking the Secret and Science of Happiness’, the authors Yongey Mingyur Ringpoche and Eric Swanson explore scientific evidence of the mind-body connection. Two research studies done by Dr. Laura Kubzansky of Harvard School Public Health and Dr. Laura Smart Richman, Duke University cited in the book highlight the advantages of being happy and positive.

Dr. Kubzansky’s study shows that the optimistic mindset of a person contributes to the biological well-being of a person. Dr. Richman’s study points to the fact that higher levels of hope and curiosity are associated with a lower risk of either having or developing diabetes, high blood pressure and respiratory tract infections.

Optimistic humanism and the emphasis on cheerfulness are principal to the educational philosophy of Don Bosco. “Just as there is no barren or sterile land which cannot be made fertile through patient ef-

fort, so it is with a person’s heart”, says Don Bosco in his Biographical Memoirs. The current issue of E-Street Voice chronicles the activities and programmes organized in the month of January, the month celebrated the person and feast of Don Bosco. Let us as we reach out to the less privileged, strive to become campaigners of optimism and catalysts of happiness!



Fr. Prasad SDB

## BOSCO Bengaluru Receives Inspire Award 2018-19



The Britt World Wide (BWW) in collaboration with Parivartan Global Success Foundation, Mumbai, an initiative for inspiring action aimed at social transformation and encouraging volunteerism, orga-

nized ‘Inspire Award 2018-19’ for Social Significance at Christ University, Bengaluru on January 6, 2019. Fr. Mathew Thomas, Executive Director, BOSCO Bengaluru, represented BOSCO and received the Inspire Award-2018-

19. The award was given in recognition of the undeterred and relentless work towards children and youth at risk. The organizers wished that BOSCO may inspire others to join

the league towards making this world a better and safer place for children and youth.

Fr. Mathew Thomas spoke about BOSCO and the services rendered for the welfare of children and youth in Bengaluru. The delegates and partners of Britt World Wide and Parivartan from all over the world applauded the efforts and services of BOSCO. The event was witnessed by over two thousand invitees.

## Let not Adversity Define You: Annamalai IPS

BOSCO Bengaluru organized Grand Finale of Children's Cultural Fest at BOSCO Mane, Chamaraipet, Bengaluru, on January 27, 2019. At the inaugural programme, Shri K. Annamalai IPS, Deputy Commissioner of Police, South Division, Bengaluru, said, "Don't allow your adversity to define you. Take over adversity and become great personalities like Prime Minister, Chief Minister, IAS, IPS officers." Mr. Raju Pudota, Group Director, Cadence Design Systems, speaking on the occasion applauded the services rendered by BOSCO and said, "It does not matter from where you come. What matters is where you are right now and where you go".

He exhorted the children to make optimum use of the available opportunities. In the presidential address Fr. Mathew Thomas, Executive Director, BOSCO Bengaluru, highlighted the work rendered



by BOSCO towards the care and protection of children over the years. Mrs. Roopa Naidu, Promoter Director, Dwar Eco Design graced the occasion. Fr. Regi Jacob, Director, BOSCO Nilaya welcomed the

gathering and Ms. Pallavi, Counsellor, BOSCO Vatsalya Bhavan proposed the vote of thanks.

The Chief Guest for the Valedictory Function, Dr. Antony Sebastian, Chairperson, Karnataka State Commission for Protection of Child Rights (KSCPCR) exhorted children to avail the opportunities, grow as responsible citizens and succeed in life. The Guests of Honour, Ms. Debasmita Chattopadhyay, Security Commissioner, Railway Protection Force, Bengaluru Division-SWR, Ms. Rashmi Vijai, Delivery Leader, AXA XI and Rev. Sr. Teresa Mandakath, Superior, St. Martha's Community, Bengaluru, spoke on the occasion.

A month-long celebration was organized for the children such as quiz competition, children's sports day, inter-center cultural competitions, etc., in preparation of the feast of Don Bosco. The winners of the competitions were awarded prizes during the function. Special programme – 'Talking Doll' by Indushree, Ventriloquist, had been organized along with the theme based cultural programmes.

Fr. Prasad SDB, Director, BOSCO CHILDLINE and Sumanahalli welcomed the gathering and Mr. Shivamallu, Coordinator, BOSCO Foster Care Programme proposed the vote of thanks. Around five hundred children, staff, volunteers, friends and well-wishers of BOSCO participated in the programme.

### Inter-Collegiate Essay Competition

BOSCO Bengaluru organized a two-month long National Level Inter-Collegiate Annual Essay Competition that concluded on January 27, 2019. The competition that spanned countrywide had student participants from various academic streams such as Social Work, Sociology, Media, Economics, Engineering, Law and Psychology, from various colleges and universities. The topics for the essays were 'Online safety challenges and children', 'Children and Sustainable Development Goals (SDG), Spaces for adolescent participation on matters concerning them.

The essays were evaluated by a panel of three members which included Fr. Previnth Joe Tony Kristu Jyothi College, Bengaluru, Dr. P.M. Mathew, Christ University, Bengaluru and Dr. Mini Mark Bonjour, St. Joseph's College Autonomous, Bengaluru. The first prize was awarded to Rajitha A, from Central University Bangalore. Owais Qadir and Himanshu Singh from Aligarh Muslim University, Uttar Pradesh bagged the second and third prizes respectively.

## Dissemination of the success of CREAM Project



CREAM, BOSCO organized a workshop with key stake holders to disseminate the success of CREAM Project during 2018 at BOSCO Nilaya on January 19, 2019. Fr. Regi Jacob, Director, CREAM Project, enlightened the stake holders and chief guests about Don Bosco's life, origin of BOSCO, Vision and Mission of BOSCO, CREAM, BREADS, Centers of BOSCO and activities of the same. Fr. Regi gave

The stakeholders expressed that with the assistance of BOSCO, many dropout children have been re-enrolled to schools. Anganwadi Centres have been strengthened and children as CRC members are being empowered to handle the issues concerning them. Mr. Azeez, SDMC Member, GUHPS, Goripalya requested to resolve the problem caused by the alcohol outlets near the Schools.

the clarion call to create a child friendly society. A glimpse of CREAM's activities and its success during 2018 was presented by Mr. Ramaswamy, Coordinator, CREAM. Fr. Regi Jacob, in his concluding note said that CREAM has created leaders and motivated every individual to join hands in creating child friendly society. Child Rights Club and CREAM Training modules were released by dignitaries. Books were distributed to all.

Fr. Mathew Thomas, Executive Director, BOSCO Bengaluru, spoke on the occasion. Forty-four people participated including B.R.C, B.R.P, H.M, SDMC members, School Teachers, Railway Department Officials, Community leaders, Community members, Youth leaders, BOSCO District CRC Federation leaders, CRC Members, Anganwadi Teachers and Helpers, SHG members and Parents.

### Public Awareness Programme



Public awareness programs were organized by BOSCO Railway CHILDLINE team at the entrance and platforms of Krantivira Sangolli Rayanna Railway Station, Bengaluru on January 10 and 12, 2019. The main aim of the awareness programmes was to sensitize the public towards runaway children and missing children. The topics were BOSCO and its activities, CHILDLINE, missing children, 1098, runaway children, child rights, child protection mechanisms and child welfare committee. Around two hundred and fifty public and passengers were given pamphlets. Around fifty phone testing calls were made.

### Motivation Class at Ramanna Garden



BOSCO CRY Project, organized motivation Class for the children attending tuition classes at Ramanna Garden, Bengaluru on January 7, 2019. Ms. Pooja, student volunteer held an interactive session on 'life of a child labourer'. She explained in detail about child labour, acts related to child labour, penalties for engaging child labourers, etc. Children were made to realize the opportunities they have and make use of the same to develop their personalities. Twenty-two children attended the session. Ms. Varalakshmi, Community organizer, BOSCO CRY Project, Ms. Vinitha and Ms. Angel, student Volunteers were present during the session.

## Tuition Center Inaugurated at Giripuram

The evening Tuition Center at Giripuram, Bengaluru, was inaugurated under the auspices of BOSCO Nilaya, on January 24, 2019. Fr. Regi Jacob, Mr. Ravi, Mr. Manikanta, Youth leader, Mr. Joy and Mr. Shekar, NGO and child representatives inaugurated the Tuition Centre by lighting the lamp. In the keynote address, Fr. Regi Jacob, Director, BOSCO Nilaya, spoke about Don Bosco and his life, BOSCO Bengaluru and its activities, activities and services of BOSCO Nilaya.

Mr. Ravi, Community Leader, thanked BOSCO and motivated the community members to make use of the facilities at the Tuition Centre. Mr. Joy, World Vision, Bengaluru, spoke about the importance of education. Parents expressed their gratitude to BOSCO for fulfilling their need and helping their children to study.



Ms. Pushpa and Mr. Waseem, Coordinators, BOSCO Nilaya organized the program. Ms. Vinnarasi, Social activist, ECCE project, and Mr. Anil, Student Volunteer, fourteen Community members and twenty six children participated in the inauguration. Ms. Teresa, Tuition teacher, welcomed the gathering and proposed the vote of thanks.

### Exposure Visit



CRY, BOSCO Bengaluru organized exposure visit to Kantheerava Indoor Stadium to watch the Premiere Badminton League (PBL) match between Hyderabad and Mumbai Teams for the children of BOSCO Nilaya Tuition center and Jolly Mohalla, Bengaluru on January 12, 2019. Children were overwhelmed to meet P.V. Sindhu, National Badminton Player. Children were happy to watch the live match and see the national players. They gained knowledge about how the PBL Matches are played. Children played Kho Kho and did exercises at the play area. They were motivated to work towards their goal and become achievers.

Fifteen boys were part of the exposure visit. Fr. Regi Jacob, Director, BOSCO CRY Project, Priya, Program Manager, CRY, Abhishek and Joseph Joe, Student Volunteers accompanied the children. Ms. Pracilla, Ms. Prasanna and Ms. Abhiroop, CRY staff organized the visit.

### Training for PRI Leaders

CREAM, BOSCO Bengaluru organized Training for Panchayat Raj Institution (PRI) leaders at Vanakehalli Grama Panchayat, Kasaba Hobli, Anekal Taluk, Bengaluru Rural, on January 29, 2019. The training started with the briefing about BOSCO and its activities, CREAM and its aims, activities of CREAM. Mr. Ramaswamy, Coordinator, CREAM Project, explained about the purpose of Grama Sabha, roles and responsibilities of PRI President, Secretary and members. He said that the prevention of child rights violation, and implementation of Government schemes for children are the main roles of PRI members and leaders.

He insisted PRI members to monitor teachers to see that they track the progress of each child. List of child related departments and their roles were explained. Definitions, roles and working of Child Welfare Committee (CWC), Juvenile Justice Board (JJB) and Special Juvenile Police Unit (SJPU) were briefed. Panchayat Development Officer (PDO) and PRI President requested BOSCO to organize a training session during Grama Sabha. Nine male and seven female members including PDO and President participated in the training.

# Sports Day Organized

Yuvodaya, BOSCO Bengaluru, under the auspices of APPI project, organized Sports Day for the inmates of the temporary shelter at BOSCO Mane on January 5, 2019. Fr. John MA, Administrator, BOSCO Bengaluru inaugurated the programme. The children were divided as two teams. They participated in a variety of individual and team sports events like throw ball, cricket, ball and spoon, musical chair, tug of war and running race, etc.

It was a fun-filled day with children jumping, shouting, encouraging and supporting their team members. The winners were announced and prizes were distributed. Fr. Prasad SDB, Director, BOSCO CHILDLINE and Sumanahalli and Fr. Rubin Mathew, Direc-



tor, BOSCO Railway CHILDLINE were present for the event. Forty-five children from the open shelter participated in the event. Joyce Kennedy, Coordinator, BOSCO Yuvodaya welcomed the gathering and proposed the vote of thanks.

## Health Awareness Sessions



Health awareness session on Cancer was organized at BOSCO Vatsalya Bhavan and BOSCO Yuvakendra, by Nursing Students from St. Martha's Hospital for the inmates of the centre on January 14 and 29, 2019 respectively. The students interacted with the children staged a mime show with the message on ways of preventing deadly cancer. They educated the children on avoiding tobacco, maintaining a healthy body weight, eating right, doing enough exercise, and the need to undergo appropriate cancer screening tests etc. Thirty girls from Vatsalya Bhavan and nineteen boys from Yuvakendra attended the session.

Health Awareness session on First Aid was organized for BOSCO Mane, Vikas and Vatsalya Bhavan children at BOSCO Mane by St. Martha's NSS Unit on January 30, 2019. The students explained about First Aid through a presentation and a skit. Hundred and forty eight children participated in the session.

## Training for Anganwadi Teachers



BOSCO Foster Care Programme, organized training programmes for Anganwadi Teachers at Bengaluru Central Project, Geleyara Balaga, Kurubarahalli, Parimala Nagar, Kanteerava Studio and Triveni Circle, K.P.Agrahara, Bengaluru on January 10 and 11, 2019.

Anil, Akshita and Gayathri, Social Mobilizers, Foster Care Programme, BOSCO Bengaluru, spoke about BOSCO and its services. They explained about CHILDLINE toll free number 1098, child rights, Foster Care concept, types of Foster Care, purpose of Foster Care, difference between Adoption and Foster Care, selection criteria of potential parents and children, age group of children, time frame of placement, follow up of children, weaning period, matching process, legal procedures, roles and responsibilities of Child Welfare Committee. Sixty-three Anganwadi Teachers participated in the trainings.



# CELEBRATING DON BOSCO

## Sports Meet

BOSCO Bengaluru organized Children's Sports Meet at BOSCO Sumanahalli on January 13, 2019. Addressing the children, the chief guest, Mr. Krishnamurthy, Coach, Kantheerava Stadium, Bengaluru, said, "The tiny seed knew that in order to grow it needed to be dropped in dirt, covered in darkness, and struggle to reach the light and become a tree. We, as a seed, through hard work, courage and confidence can succeed in life and become fruitful."

Various sports events like running race, relay, high jump, long jump, tug of war, shot-put, musical chair, sack race, frog race, lemon and spoon race, etc. were organized for sub juniors, juniors and seniors.

The winners were awarded with medals and certificates. Fr Binny, Director, BOSCO Mane, Fr John MA, Administrator, BOSCO Bengaluru, Fr. Prasad, Director, BOSCO CHILDLINE and Sumanahalli, Fr. Regi, Director, BOSCO Nilaya and Nivas, Fr. C. V. George, Director, SJPU and ARSP Projects, staff and volunteers were present at the event. Over five hundred children participated in the sports meet.



## BOSCO Annual Quiz Contest



Don Bosco Annual Quiz competition for the children of BOSCO was held at BOSCO Mane on January 19, 2019. Dr. Suresh Kumar, Radiologist, Brindavan Aeration Hospital, Bengaluru, Fr. Mathew Thomas, Executive Director, BOSCO Bengaluru, Fr. Binny K, Director, BOSCO Mane, and Child Representatives Ms. Tulasi and Master Manjunath inaugurated the program by lighting the lamp. Addressing the gathering, Dr. Suresh Kumar said, "Winning or losing the competition is secondary, but participation is important."

Giving insights into the programme, Fr. Prasad, SDB, Director, BOSCO CHILDLINE and Sumanahalli, exhorted children to be happy in life in order to become like Don Bosco who treated life as a celebration in spite of difficulties, and negativities. Fr. Mathew Thomas, Executive Director, BOSCO Bengaluru spoke on the occasion.

Eight teams representing different centres and areas-BOSCO Mane, Vikas, Vatsalya Bhavan, Nilaya, Nivas, Rainbow Home, Yuvakendra, Sumanahalli and Foster Care children participated in the competition. The quiz masters Arun Irudhaya and Santosh Steven, Kristu Jyothi College, Bengaluru conducted the program. Children from BOSCO Vatsalya Bhavan emerged as the winners and runners up were Vikas children. All the participants were given mementos. Basavaraju PN, Coordinator, BOSCO SJPU project welcomed the gathering and Shivamallu, Coordinator, BOSCO Foster Care Programme, proposed the vote of thanks. Forty children participated in the quiz contest.



# CELEBRATING DON BOSCO

## Inter-Centre Cultural Competition



The Inter-Centre Cultural Competition for Children was held at BOSCO Mane, Bengaluru, on January 20, 2019. Mr. Thejas Saddhiwal, Actor, Director, Cinema and Television, said that everyone must make use of opportunities and time in order to seek better future. Mr. Harshil Koushika, Theater Performer and Cine Artist, addressing the gathering said, “Everyone must have a goal and BOSCO provides the opportunities to

get access towards the same”. Speaking on the occasion, Fr. Prasad, SDB, Director, BOSCO CHILD-LINE and Sumanahalli, exhorted children to have self-confidence, courage and determination to achieve their goal.

The competitions included group songs, group dances, mimes, fancy dress and pick and speak based on the theme ‘Don Bosco – Protector of Children’. The Judges were Mr. Ranaprachanda P. Hucchappa, theater and cine artist, Mr. Charles Dominic, Guitarist and Composer who composes music for advertisements, short films, radio programmes and Ms. Mandara D, Dance Artist.

The judges were honoured with mementos. Mrs. Padma, Dance Artist, Fr. Mathew Thomas, Executive Director, BOSCO Bengaluru, Fr. Binny Director, BOSCO Mane, were present for the event. Over hundred children participated in the competition.

## Past Pupils Meet

BOSCO Past Pupils meet was organized by BOSCO Yuvakendra at the centre on January 26, 2019. Addressing the gathering, Fr. Mathew Thomas, Executive Director, BOSCO Bangalore, appreciated the past pupils as they are leading dignified lives in the mainstream of the society. He exhorted the past pupils to continue leading a disciplined life and guide other youth and help them to become responsible citizens in the society. Fr. George CV, Director, BOSCO SJPU and ARSP programmes, was happy to see the past pupils being successful in their career. He urged the past pupils to strengthen relationships. The past pupils expressed their gratitude to BOSCO for enabling them to become what they are today. Sr. Silvy Lawrence, Director, BOSCO Yuvakendra and Veeresh



KM, Coordinator, BOSCO Yuvakendra were present in the meeting. Twenty past pupils attended the meeting.

# BOSCO: Homelink Child MISS MONTHLY REPORT



## January- 2019



	Male	Female	Total
Children rescued	243	51	294
Service provided	162	49	211
Grand Total	405	100	505

### Service Provided

Center/Area	Male	Female	Total
Bangalore Railway Station	14	03	17
Bangalore Bus stand	35	02	37
BOSCO Yuvodaya	03	00	03
BOSCO Vatslyabhavan	00	09	09
CSN	26	08	34
BOSCO Nivas	04	01	05
BOSCO Nilaya	04	07	11
BOSCO Child line	18	08	26
ARSP	58	11	69
<b>TOTAL</b>	<b>162</b>	<b>49</b>	<b>211</b>

### Final Action Taken

Placement	Boys	Girls	Total
Referred to BOSCO Centers	29	21	50
Home Placement	106	13	119
Produced before CWC	104	15	119
Shishumandir	00	00	00
Referred to OH	02	00	02
Referred back to Hostels	00	00	00
Referred back to school	00	00	00
Recommended to Gurukula	02	02	04
Referred back to police	00	00	00
Counselled and Sent/ Went off	00	00	00
Data is not available	00	00	00
<b>TOTAL</b>	<b>243</b>	<b>51</b>	<b>294</b>

### Classification Report

Classification	Boys	Girls	Total
Accompanied	23	06	29
Unaccompanied	220	45	265
<b>TOTAL</b>	<b>243</b>	<b>51</b>	<b>294</b>