# STREET VOICE 

## QUARTERLY NEWS LETTER

## MESSAGE FROM THE DIRECTOR

## Dear Friends,

Another quarter and the year comes to an end, but our work doesn't stop. Our founder, Don Bosco, has charted us on a mission for which there is no limit, and we work towards making the world a safer and more productive place for our youth and children.

This edition of STREET VOICE has details of our activities reaching out to children, youth, parents, caregivers, stake holders and the community at large. It is only with everyone's support that we can progress.
We spend a lot of time and care in training our staff and volunteers and you can read about our training programmes this quarter right here.
Once again I thank you and all our well wishers for your continued support and encouragement.

Thank you,
Fr. Mathew Thomas, SDB, Executive Director

> Childhood is about innocence and playbulness. Ut is aboutioy and freedom.
Substance Abuse

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October - December 2018
" Children's Day Celebration
» International Girl Child Day Celebrations
» International Human Rights Day
» Deepavali Celebrations
" Christmas Day Celebrations
» Half Yearly Evaluation at BOSCO
» Awareness Programmes about child rights, CHILDLINE, RtE, etc. in Schools, Communities, Health Centres, for the Stakeholders, public, shops, NGOs, Madrasas, CCGs, etc.
" Health camps
» Dasara Camps
» Community Mobilization Program
» Formation of Child Rights Clubs
» Value Education Classes
» Life Skills, Mothers' Meetings in the project areas of BOSCO
" Parents' Meeting
» Youth Parliament
» Outings, Visits and Picnics
» Open House
» Training and Workshops
» Task Force Meeting
» Adolescent girls' meeting
» Quiz Competition
» Children's Collective
» Networking Meetings
» SDMC Meetings
» Care Community Group Meetings
» Football Tournament

## Makkala Mitra Awards at Children's Day Celebrations

BOSCO, Bengaluru, organized Children's Day at St. Theresa's School, Chamarajpet, Bengaluru, on November 18, 2018 on the theme 'Protect Children from Violence'; 600 children from the various centres of BOSCO and localities of service participated.
In his keynote address, Fr.
 Mathew Thomas, Executive Director, BOSCO, Bengaluru, said, "You are important. Your dreams are important. Strive to make your dreams a reality." Wali Pasha, ACP, VV Puram, Bengaluru said, that it is the duty of civil society to safeguard the rights of children and ensure that they do not fall prey to societal evils. Dodda Ganesh, Former Cricketer and TD Raju, Inspector, VV Puram also spoke.
The Stakeholders who have played key roles in the protection and promotion of child rights at the centers and areas of BOSCO were awarded with Makkala Mitra Award. Children who have excelled in the cultural, social, sports and education fields were awarded with Prathibha Puraskara Award.
An oath to protect and promote child rights was taken by everyone present. CHIDLINE Se Dosti Band was tied on the hands of all the guests as a symbolic gesture of providing care and protection to children. A cultural programme by the children, a musical programme by Nandini and Team, Bengaluru and a dance performance by Nursing Students from St. Martha's Hospital, marked the event. Sr. Jessy Merlyn, Provincial Superior, SMMI, Bengaluru, Mr. Edward, Hospitality Manager, Chinnaswamy Stadium and Ms. Silvy, Director, BOSCO Yuvakendra, were present.


## BRINGING AWARENESS

## Awareness is the First Step for Action! Child Rights Week

BOSCO Bengaluru organized Child Rights Week, a week-long campaign aimed at making general public, stakeholders and partners aware of child related issues, child rights, child protection mechanisms and CHILDLINE 1098. BOSCO CHILDLINE, Railway CHILDLINE, Child Safety Net (CSN), Nilaya, Nivas, CREAM, CRY, ECCE, ARSP and SJPU teams conducted various programmes.
A Press meet was followed by the inauguration of child rights week at Yeshwanthpur Railway station, KSR Railway station, Cantonment Railway Station, Government Model Primary School, Bagalur, Bengaluru and at GUEHPS, Farooqinagar, Bengaluru.

## There were many activities:

" a silent rally on the theme 'online safety and prevention of drug abuse'
" sensitization on child labour
" tying of CSD safety bands on the hands of stakeholders at marriage/function halls to spread awareness on Child marriage
» 'White Campaign,' spreading the word about Child Sexual

Abuse to stakeholders and public at Majestic Bus stand, markets and other public places
" bringing awareness in moving trains and schools
" organizing games and competitions for differently-abled children.
On the evening of International Children's Day, over a hundred children marched from KempeGowda Road to the Chickpet Police station in Bengaluru wearing a black ribbon that read, 'No violence against children' tied across their faces and holding candles. The candle light rally was organized by BOSCO Bengaluru, in association
with District Child Protection Unit, Bengaluru Urban.
Thulasi, the child representative, spoke on behalf of the children participating in the rally and of child victims of brutal violence in our country and pleaded for protection of children. Thousands of signatures were gathered throughout the week-long signature campaign to end violence against children and was submitted to Shri. Mahant Reddy, ACP, Chickpet Sub-Division, Bengaluru.
Date: November $13^{\text {th }}$ to November 21st
Place: Bengaluru

## Dental Health

A session on dental health was conducted for the youth by the Health Care Department, BOSCO Bengaluru. Ms. Harshitha, Nursing Student, St. Martha's Hospital, Bangalore, was the resource person.
Youth were taught about teeth, their functions and uses. They were given an introduction on hygiene and tips on maintaining healthy teeth, importance of brushing, causes for tooth ache and bad breath through an interactive session.
Date: October 14, 2018
Place: BOSCO Sumanahalli
Attendees: 26 youth



## Community Awareness Programme

Child Safety Network (CSN), BOSCO, Bengaluru, organized a community awareness programme. Devaraj, Rescue Coordinator, CSN, BOSCO, Bengaluru, spoke about child rights, child related issues such as child labour, child marriage, child abuse, children dropping out of school, etc. He also spoke about the importance of education and requested the parents to encourage children to go to the school. The community people were happy to be a part of the awareness and requested the team to conduct awareness sessions to the community regularly during the weekends.
Date: October, 26, 2018
Place: Beggers Colony, Malagala, Bengaluru
Attendees: 23 people

## Sensitization on Early Childhood Education

Early Childhood Care and Education (ECCE) Project, BOSCO, organized a Sensitization Programme. Fr. Regi Jacob, Director, ECCE Project, BOSCO Bengaluru, in his keynote address said, "Children should get quality education and nutritious food. Spending quality time with children will help in building a better bonding."
A video on early childhood care and education was screened. Ms. Vinnarasi, Cluster Coordinator, ECCE project, BOSCO Bengaluru, displayed the Early Childhood Education tool kit and explained about the importance of nutrition, education and habit formation. Parents were asked to encourage children to consume green vegetables and avoid junk food. She spoke about methods of teaching and food distributed at AWC Center. Ms. Shailaja, Anganwadi Teacher, Jolly Mohalla, demonstrated few activities which could be taught to children at home to recapitulate topics taught in the class. Parents were motivated to follow up on what is taught at the Anganwadi. Mr. Ramaswamy, Coordinator, ECCE Project, BOSCO Bengaluru, facilitated an interactive feedback discussion. Parents were asked to monitor the punctuality and regularity of children.

## Open House Programmes

CHILDLINE Collab BOSCO Bengaluru organized an Open house Programme at Govt. Model higher primary school and high school Hosaguddadhalli on November 19, 2018. Addressing the gathering Fr. Prasad, Director, CHILDLINE Collab, BOSCO Bengaluru briefed about the aims and objectives of the open house programme and CHILDLINE 1098.
» In the open house programme at Govt. Higher Primary School and High School Sunkenahalli, Bengaluru on December 14, 2018, Fr. Regi Director, BOSCO Nilaya, in the key note address spoke about child rights and responsibility of children. Fr. Prasad said that according to RTE Act 2009, every child below 14 years of age should get free and compulsory education. Mr. Kambayya, Police Sub Inspector, Hanumanthnagar expressed that greater number of children are getting addicted to drugs, smoking, alcohol etc. So, he exhorted the children to stay away from evil elements in the society. He explained about POCSO Act to children through examples. Children said in unison that they would support CHILDLINE. Children shared about the various issues faced by them and the authorities present suggested possible solutions to them.



Parents from Ramanna Garden, D'Souza Garden, N.S. Garden, Cement Huts, Timber Yard Layout, Bakshi Garden, Jolly Mohalla, Pension Mohalla, Chaluvadipalya, Velmurugapura and Tippunagar participated in the programme.
Date: October 25 and 27, 2018
Place: Hub Center, Ramanna Garden and Jolly Mohalla, Bengaluru Attendees: 46 parents
» In the open house programme in collaboration with Foster Care and SJPU, BOSCO at Govt. Higher Primary School, Pantharapalaya, Bengaluru, on December 19, 2018, Fr. Prasad SDB, Director, CHILDLINE, BOSCO Bengaluru said, "The Government has instituted various statutory bodies and mechanisms to ensure the care and protection of children." Puttaswamy, Byadrayanapura Police Station, Bengaluru, said that children should keep away from anti-social elements and drug-peddlers on the prowl.
" Mr. Basavaraj, Coordinator, SJPU, BOSCO Bengaluru spoke about Juvenile Justice Act 2015 and POCSO Act, 2012. Mr. Shivamallu, Coordinator, Foster Care Project, BOSCO Bengaluru explained about Foster Care Project and the roles and responsibilities of children in child rights clubs. Mr. Nagaraj, Headmaster, Govt. Higher Primary School, Pantharapalaya, Bengaluru appreciated the efforts of CHILDLINE in rescuing and rehabilitating children in need of care and protection. Over three hundred children participated in these programmes.


## CAMPS TO CONNECT

## Camps are informal settings with great learning potential

## Dussehra Camp

A Dussehra Camp was held for children of Ambedkar Huts, Mackan Compound and Nehrupuram areas, Shivajinagar, Bengaluru. Fr. Regi invited every child to actively participate in all the activities of the camp. Fr. Mathew Thomas said that Dussehra is celebrated in remembrance of the conquest of good over evil. Ms. Deeptha spoke to children about their rights and exhorted them to exercise their rights.
Date: October 9 and 10, 2018
Place: NauBahar Shah School, Mackan Compound
Attendees: 55 children


## BOSCO Nilaya Dasara Camp

BOSCO Nilaya organized Dasara Camp for children filled with important information about their growth and values as well as a movie - CHILDLINE 1098, party games, drawing and craft sessions. The many talents of our children were displayed.


Fr. Regi Jacob, Director, BOSCO Nilaya spoke about the purpose of the camp and motivated the children to cultivate good habits. Fr. Mathew Thomas, Executive Director, BOSCO Bangalore said, "Like the Dasara festival that commemorates the victory of light over darkness, let us strive to conquer evil with good." Mr. Shivamallu, Coordinator, BOSCO Foster Care Programme shared a story and explained about the importance of a positive mindset. Ms. Shalini, Child Representative, expressed her love and gratitude to BOSCO Nilaya and exhorted her friends to avail the services of Nilaya. Mr. Ramaswamy, Coordinator, BOSCO CREAM Project spoke about Child rights.

## Health Camp

BOSCO Nilaya Team organized health camp in collaboration with and BOSCO Health Care Department at BOSCO Nilaya, Bengaluru.
Eye Testing, Height and Weight checkup, B.P Checkup and Physical Health checkup was done for all children. Doctors prescribed medicines for the ailing. Follow up is being done. Parents were informed about their health status during community visits. Dr. Selvaraj Abraham, Uma Raj, Social worker, Ms. Shabina, Assistant Coordinator, BOSCO Health Care Department, one Trainee Doctor, one Nurse, two Medical Social Workers conducted the camp. Children from Anandhpuram, Rajgopal Garden, Vyayamshaala, Cement Huts, Ramanna Garden, Gurappa Garden, Vinobhanagar, Ranasinghpet and Jolly Mohalla areas availed the services.
Date: October 16, 2018
Place: BOSCO Nilaya
Attendees: 102 children

The session on Values was facilitated by Robina, Coordinator, BOSCO Nivas, and session on Paper craft by Fr. Joshy, Principal, Don Bosco B. Ed College, Yadgiri. Health tips were given by Dr. Selvaraj Abraham, Community Medium Department, St. Martha's Hospital, Bangalore followed by a health camp. Ms. Priyadarshini, Enfold India NGO, Bangalore, spoke about issues faced by adolescents. Online safety and effects of addiction to online games were explained.
A meeting of Children's Collective was held and included sessions on mutual trust, team building, developing confidence, etc. A Karate demonstration was done by Mr. Marlinga, Instructor.
Mr. Puneeth, Actor, Kannada Film Industry and Fr.CV George, Director, BOSCO SJPU and ARSP, Projects, BOSCO Nilaya staff, Tuition teachers and Student Volunteers were present during the camp. Children attending tuition classes at VyayamShaala, Cement Huts, Jolly Mohalla, Ramanna Garden, Vinobhanagar, Gurappa Garden, Rajgopal Garden, Nilaya and Anandhpuram areas participated in the camp.
Date: October 15th, 16th and 17th, 2018
Place: BOSCO Centre
Attendees: 152 children, tuition teachers and 5 student volunteers


## LIFE SKILLS EDUCATION

## Life is precious: skills help you cope

## Challenge Yourself

This session began with a short film on challenge and how can one overcome the challenges one may have to encounter in daily life. Activities such as 'Paper folding challenge' and 'Encounter the scarf in the air', got the youth to engage and learn.
Date: October 9, 2018
Place: Sumanahalli, Bengaluru
Conducted by: Celine, volunteer at BOSCO Bengaluru
Attendees: 23 youth

## Financial Management

In this session, tips on saving money every month for family and personal needs and securing a future by maintaining a chart, plans and schemes like medical and life insurance, were discussed.

Date: October 26, 2018
Place: BOSCO Life Skill Training Centre, Bengaluru
Conducted by: Umesh M Guddad, Financial Advisor, Disha Trust, Bengaluru
Attendees: 27 youth


## Spoken English Classes

BOSCO Computer Training Project, BOSCO Mane, Bengaluru organized a life skills and spoken English session. Life skills such as self-awareness, communication, problem solving, decision making and interpersonal skills were taught through various activities like 'car and driver', 'balloon tower', 'question framing', 'answering questions', 'story building', 'making maximum squares using minimum match sticks', 'bing, bang, bong and rabbit, arrow, wall' and moral stories like 'thirsty crow', 'monkey and the crocodile', etc. Spoken English classes included basics of English, grammar, making sentences and basic communication in English through activities like word puzzle and word building.
Date: October to November 2018
Place: BOSCO Mane
Conducted by: Creating Futures, Bengaluru
Attendees: 30 computer students


## Coping with Emotions

The session began with an interactive discussion on various emotions, their implications, sources, etc. Celine explained that coping with emotions means recognizing emotions within us and others and being aware of how emotions influence one's behavior. , An activity, 'Alternatives to anger' showed how one can come out of intense emotions like anger, sadness or stress. The youth learnt few exercises such as practicing mindfulness distracting oneself from emotional pain with emotionally healthy alternatives, practicing meditation to effectively cope up with emotional stress, anger, anxiety, etc.

Date: November 24, 2018
Place: BOSCO Life Skill Training Centre, Sumanahalli
Conducted by: Celine, volunteer at BOSCO Bengaluru
Attendees: 23 youth

## Decision Making

The session began with an activity of walking on the square space in the patterned box through a right path to achieve the goal. The resource person made a distinction between two major qualities usually seen - binding and breaking. The people with binding qualitiesguide, support, accept and listen to each other in order to achieve the task where as people with breaking qualities create confusion, noise, etc. during the process of reaching their goals.
Through this session girls learnt about the importance of decision making and preparedness in the form of planning, organizing, directing, controlling and choosing the right path to achieve the goals within the time frame.
Date: November 28, 2018
Place: BOSCO Rainbow Home, Bengaluru
Conducted by: Creating Futures, Bengaluru


Attendees: 19 girls

## MEETINGS \& GREETINGS!

## A place to meet and share

## Children's Collective

BOSCO CRY Project organized a meeting of the Children's Collective and Fr. Regi Jacob, Director, BOSCO CRY Project, Bengaluru, spoke about the importance of leadership and teamwork through a story. Children were divided into four groups. Each group was given an activity. Through the activities children learnt more about mutual trust, team building, confidence, unity, leadership and planning.
Children were motivated to learn and attend Karate classes. Benefits of learning self-defense tactics were shared. A demonstration was given by Mr. Marlinga, Karate Instructor. Members of Children's Collective from VyayamShaala, Cement Huts, Jolly Mohalla, Ramanna Garden, Vinobhanagar and Gurappa Garden participated in the meeting.
Date: October 17, 2018
Place: BOSCO Nilaya


Attendees: 70 members

## Child Right Clubs Federation

CREAM, BOSCO organized a meeting with Child Rights Club (CRC) District Level Federation Leaders. Speaking on the occasion, Fr. Regi Jacob, Director, CREAM Project, BOSCO Bengaluru, said, "The leaders have a crucial role to play at the child rights clubs. You have to make a difference". He motivated the leaders to become a medium of change for the wellbeing of children by restoring the rights of the vulnerable children. Leaders were told about Project Cradle, female infanticide, abortion, etc. Few relevant incidents were shared.
The leaders decided to create awareness about child rights and child related issues during Children's Day Celebration at their schools. They identified some of the most vulnerable areas such as Giripuram, Gavipuram and Guttahalli from where many child related issues were being reported. They planned to spread awareness in these areas during Child Rights Week through a signature campaign. Mr. Ramaswamy, Coordinator, CREAM Project, BOSCO Benguluru, spoke on the occasion.

Date: October 27, 2018
Place: BOSCO Nilaya, Bengaluru
Attendees: Six CRC Federation leaders


## NGOs Networking

Foster Care Program, BOSCO, organized a half-day networking meeting of NGOs and in his keynote address, Fr. Mathew Thomas, Executive Director, BOSCO, Bengaluru, said: "Foster care programme is a family care programme for children without families. This meeting aims at strengthening the Pro-Child Network." He shared information about Foster Care and Missing Child Bureau. Speaking on the occasion, Fr. Binny K, Director, BOSCO Mane, Bengaluru, said, "We should treat and take care of the Foster Children as our own children and our focus should be on the best interests of the child".
Mr. Shivamallu, Coordinator, Foster Care Programme, BOSCO Bengaluru, discussed creating a WhatsApp group of the networking NGOs, maintaining a directory for urban NGOs and state NGOs, sharing information on child related issues through email on a con-


## Task Force

BOSCO Team working at Bengaluru KSRTC and BMTC Bus stands organized Task Force Meeting with the objective of creating awareness about the services of BOSCO for security personnel working in the metro. Mr. CT Gowda, ASO, Metro Station, Bengaluru welcomed the gathering. Fr. Rubin, Director, BOSCO Bus Stand area, Bengaluru gave a brief introduction about BOSCO and its activities at the bus stand and surrounding areas. He explained about the presence of BOSCO Child Assistance center at the KSRTC and BMTC Bus Terminals.
He highlighted the issues faced by children/youth on the streets and called for the support of the officials in reaching out to these children/youth in need of care and protection. The officials assured their support to BOSCO in reaching out to the needy children and youth.
Date: November 14, 2018
Place: Metro Station
Attendees: 150 Metro Security personnel

tinuous basis, and follow up meetings of networking NGOs thrice a year.
Ms. Akshitha, Counselor, Foster Care Programme, BOSCO Bengaluru, spoke about child protection, child welfare issues, child care institutions, child rights, foster care, after care, new policies, acts, difficulties faced in implementing the programme, child rights violations and the role of the network during events etc. Promo video on Foster Care was screened during the meeting. Mr. Shivaraju and Mr. Praveen, State and District Coordinators, Missing Child Bureau explained about missing children and the procedures to follow when a child is missing.
Date: October 27, 2018
Place: BOSCO Mane, Bengaluru
Attendees: 55 participants from 26 NGOs


## Parents' Meeting

Addressing the parents Fr. Prasad, SDB, Director, BOSCO Sumanahalli, spoke about the centre and its activities, and shared the challenges youth face in society, the responsibilities of youth and the responsibilities of parents towards their children for their integral development.
Sr. Pauline Raju, Counselor, BOSCO Sumanahalli, spoke about the progress of youth, the counseling process and motivational activities taking place at centre. After the session youth trainees shared their experiences about the training and their stay at the centre.

Parents were very happy to see transformation in their children and were all praise for BOSCO and its work towards for the betterment of society.

Date: November 28, 2018
Place: BOSCO Life Skill Training Centre, Sumanahalli, Bengaluru Attendees: 15 parents and 26 youth


## SDMC

Early Childhood Care and Education (ECCE) Project, BOSCO, Bengaluru, organized School Development and Monitoring Committee (SDMC) meeting and Ms. Ravikumari, Cluster Coordinator, ECCE, BOSCO Bengaluru, spoke about the responsibilities of parents, importance of nutritious food and periodic monitoring of children. Parents were asked to avail the facilities of the government schemes for children at the government offices.

Parents were asked to send their children to schools/Anganawadis on time, neatly dressed. SDMC members were asked to do the follow up of the facilities given at the school and were motivated to advocate for good basic facilities such as toilets, drinking water, capable teachers, etc. The importance of regularity and punctuality of children to the schools and Anganwadis was briefed. List of child protection mechanisms were enumerated.
Date: December 8, 2018
Place: GKHPS, Anchepalya, Bengaluru

## Attendees: 20 SDMC members

## Caring Community Group

BOSCO team working in the Bus Stand Area, Bengaluru organized 'Caring Community Group (CCG) Meeting' for the members of Sadhana Mahila Sangha. Addressing the group, Fr. Rubin Mathew, Director, Yuvodaya, BOSCO Bengaluru, explained about the current issues such as child and human trafficking, child labour, child marriages, etc. affecting children, child rights and child protection mechanisms. He spoke about the role of BOSCO in dealing with these issues and ensuring a safe environment for the children in difficult situations. He also shared about BOSCO Assistance Centre set up in KSRTC and BMTC and its services, CHILDLINE, etc. He urged the CCG members to support BOSCO in its noble cause. CCG members assured of their support in referring needy children to BOSCO Rescue Booth.


## Mothers' Meeting

Early Childhood Care and Education (ECCE), BOSCO Bengaluru organized a Mothers' Meeting to inform them on 'Measures to be taken during pregnancy for the healthy growth of the baby'. Ravikumari, Cluster Coordinator, ECCE Project, enlightened the mothers on the roles and responsibilities of Bala Vikas Samithi. Mr. Ramaswamy, Coordinator, ECCE Project, spoke about ICDS and

its activities, the governing system of Anganwadi and roles of the participants as mothers of Anganwadi children. Vaccinations during pregnancy and their importance were briefed. List of nutritious food, facilities for pregnant mothers at Anganwadi centers were explained. Ms. Sushma, AWC Teacher and AWC Helper participated in the meeting.
Date: December 27, 2018
Place: Hale Guddadahalli AWC, Bengaluru
Attendees: 15 mothers


## TRAINING TRAINERS

## To be Effective one must be well Trained

## CRC Leaders and Teachers

Child Rights Education and Action Movement (CREAM) project, BOSCO, Bengaluru organized 'Training for Child Rights Club (CRC) leaders.

Inaugurating the programme, Mr. Lohiteshwar Reddy, B.E.O, South-2, said, "On behalf of the Education Department, I would like express my sincere gratitude to BOSCO for the services they render in the field of child welfare." Fr. Mathew Thomas, Executive Director, BOSCO Bengaluru, hoped the training would highlight the right to participation of children and the importance of unity and promotion of the same.

Fr. Regi, Director, BOSCO Nilaya briefed about BOSCO, CREAM and its activities, the purpose of the training, responsibilities and leadership qualities of CRC members and desired impacts. Children gained knowledge on UNCRC, Child Rights and related laws, Child labour, School dropouts, etc., from the interactive session taken up by Fr. Prasad, SDB, Director, CHILDLINE, BOSCO, Bengaluru. Margaret Sampath, Deputy Director, SICHREM facilitated the session on leadership. Ms. Celine, Volunteer, BOSCO Bengaluru, shared the stories of successful leaders explained the qualities of leaders through various activities. Mr. Ramaswamy, Coordinator, CREAM Project, presented a session on gender equality. Ms. Robina Farooq, Staff, CREAM Project motivated children to fight for their rights during vulnerable situations.
The purpose of the Formation of 'BOSCO District Level Federation' was briefed. Seven boys and twelve girls contested the election. Ms. Asiya and Master Dhananjay were selected as Presidents, Ms. Roopa, Ms. Shivaleela, Master Shreyas, Master Sudarshan were selected as Vice-Presidents of the Federation.
Participation certificates and Mementos were distributed to the teachers and children. Ms. Amreen Jabbar, AM, Boston School, J.J.R. Nagar was present during the training.
Date: October 4 and 5, 2018
Place: BOSCO Mane, Bengaluru
Attendees: 46 (current) \& 44 (new) CRC Leader, 49 Teachers from 46 schools

## Anganwadi Teachers

Foster Care Project, BOSCO Bengaluru organized training programmes for Anganwadi Teachers at Maruthinagar, Goruguntepalya, Bapujinagar, Bengaluru. The team introduced BOSCO, its centres, services and explained in detail about child rights, CHILDLINE, concept of foster care, the legal procedures in foster care, difference between foster care and adoption, eligibility of foster parents, different type of placements like individual foster care, group foster care, kinship care, short term and long term foster care, age group of children, time frame for placements and legal procedures involved in becoming a foster parent and the roles and responsibilities of Child Welfare Committee (CWC).
Date: October 27 and 29, 2018
Place: Maruthinagar, Goruguntepalya, Bapujinagar, Bengaluru
Attendees: 77 Anganwadi teachers


## Emotional Well-Being

The Sessions were facilitated by Dr. Joe Kokkandathil, Director, Psychosocial Care Centre, Kochi, Kerala. He started the session with 'Mindfulness Meditation' and went on to explain about emotions, the conscious and the subconscious mind and the need to maintain emotional hygiene. The training structure included Self Discovery, Mantras for emotional happiness and Healing the negative emotions in order to effectively deal with the children in the centres. The sessions included simple exercises to synchronize the brain, therapies for stress management like Emotional Freedom Therapy, Bilateral Stimulation along with the screening of videos and presentations related to the subject.
Date: October 29 and 30, 2018
Place: BOSCO Yuvodaya, Bengaluru
Attendees: 19 staff


## CREAM Staff

CREAM, BOSCO, Bengaluru, organized training for the project staff at BOSCO Nilaya on October 30, 2018. Mr. Ramaswamy, Coordinator, CREAM, BOSCO Bengaluru, explained about the importance of empowering children to advocate for their rights, for the basic facilities in their schools, and to create awareness in the public, among the stakeholders and communities about child rights and child protection mechanisms. Fr. Regi gave a presentation on Emotional Intelligence. He briefed on the types of leaders, definition of emotional intelligence, types of emotions and strategies for promoting emotional intelligence. Sixteen staff of BOSCO attended the training.

## Juvenile Justice Act for Police Officials

Special Juvenile Police Unit (SJPU) Project, BOSCO Bengaluru, organized a training programme on Juvenile Justice Act 2015 for the police officials of Karnataka. Mr A Nagaraju, Dy. SP, Bengaluru, spoke about the goals
 and objectives of the training programme. PN Basavaraju, Coordinator, SJPU Project, BOSCO Bengaluru, facilitated the session on Juvenile Justice Act 2015 and Model Rules. He explained CHILDLINE, structure and procedure and the role of police officials in the care and protection of children in difficult situations.
Fr. C.V. George, Director, SJPU Project, BOSCO Bengaluru, was present during the training programme. Kavitha, Social Worker, SJPU Project, BOSCO Bengaluru, welcomed the gathering and proposed the vote of thanks.
Date: November 7, 2018
Place: Police Training School, Thanisandra, Bengaluru
Attendees: 218 police officials



## Stake Holders

Foster Care Programme, BOSCO Bengaluru, organized trainings for Anganwadi workers, Self Help Group (SHG) members, officials of Panchayat Raj Institutions (PRI) and Women's Organization members of Brahmavar, Pethri and Cherkadi, Udupi District .
The Team started the program with introduction of BOSCO, its centres and services and went on to explain child rights, CHILDLINE helpline, concept of foster care, legal procedures in foster care, difference between foster care and adoption, eligibility of foster parents, different type of placements like individual foster care, group foster care, kinship care, age group of children, time frame for placements, legal procedures involved in becoming a foster parent and the roles and responsibilities of CWC.
Date: November 15 and 16, 2018
Attendees: 78 Anganwadi Teachers, 16 SHG members, 20 PRI officials and 46 members of the Women's Group


## Child Rights Club Members

CREAM, BOSCO, Bengaluru organized three levels of training for the members of Child Rights Clubs (CRCs) at GKHPS, Karithimmanahalli and GKHPS, Anchepalya, at GKHPS, Hosahalli on, at GKHPS, Deepanjalinagar and at Janatha Vidyalaya and Janatha English School, Chamrajpet.
CREAM staff briefed about BOSCO and its activities, CREAM and its activities and CHILDLINE. Children gained knowledge about UNCRC, Child, Child Rights, Child related laws and Children in difficult situations. Children were motivated to call 1098, Child helpline number during difficult situations. Children expressed that these trainings helped them become better individuals and empower them to fight for their rights. Children also expressed that they have been identifying child laborers selling balloons, pens, etc. at some important signals and
junctions in Bengaluru. School HMs and teachers were present. Date: November 2018
Attendees: 381 boys and 363 girls


## SPECIALS \& CELEBRATIONS!

## International Day of the Girl Child

BOSCO, Bengaluru organized International Day of the Girl Child at BOSCO Vatsalya Bhavan, Chamarajpet, Bengaluru, on the theme, "Girls are Pearls - Value them," on October 11, 2018.
The celebration commenced with a rally and street play from Minto Hospital to 2nd Main Road, Chamarajpet, Bengaluru, on the theme "Girls are Pearls - Value them." The rally was flagged off by T D Raju, Police Inspector, VV Puram, Bengaluru. The program was inaugurated by lighting the lamp by the dignitaries - Smt. Narmada Anand, Former Project Director, Integrated Child Protection scheme (ICPS), Department of Woman and Child Development, Govt. of Karnataka, Ms. Sujatha, Head Mistress, Sharada Stree Samaja, Bengaluru, Fr. Mathew Thomas, Executive Director, BOSCO Bangaluru and the children's representatives from BOSCO Nivas and BOSCO Nilaya. Addressing the gathering, Smt. Narmada Anand said that it's crucial to inspire young girls to dream big and realize their potential. She exhorted everyone to join hands to develop 'a skilled girl force,' and provide young women with the tools they need to carve their own professional niches.
Smt. Neena Nayak, Former Chairperson, CWC and Former Member, KSCPCR, enlightened the group with the laws, legal procedures and Government schemes catering to the girl children. Harsha, Environmentalist, spoke about the conservation of the earth and the wild animals. Cultural programmes by the children and a performance by 'Comedy Khiladigalu' were held during the day.
Fr. Binny, Director, BOSCO Mane, Fr. Edward, Director, Missing Child Bureau, Fr. John MA, Director, BOSCO Rainbow Home, Fr. Regi Jacob, Director, BOSCO Nialya and Nivas, Fr. Prasad, SDB, Director, BOSCO CHILDLINE, Fr, George CV, Director, BOSCO SJPU Project, and Fr. Rubin Mathew, Director, Yuvodaya were present in the program. Jyothi, Coordinator, BOSCO Vastalya

Bhavan welcomed the gathering and Sr. Mallika, Home Manager cum Teacher, BOSCO Rainbow Home proposed the vote of thanks. Around two hundred and fifty children from the various centres of BOSCO and localities of service participated in the event.


## Football Tournament

Half-day football tournament was organized at BOSCO Life Skill Training Centre, Sumanahalli in collaboration with Terre Des Hommes (TDH), Germany and Children's Rights and Sustainability Trust (CSRT), Bengaluru, on October 21, 2018. "Children have a right to play and enjoy their childhood. Sports and games contribute to the integral development of a person", said Mr. Reji PE, Deputy Regional Co-ordinator South Asia and Programme Coordinator, South Zone, TDH. Mr. Vinod, Past pupil, BOSCO, Bengaluru, said that the tournament was an opportunity to exhibit one's talent and experience the power of team spirit.
BOSCO Life Skill Training Centre emerged as the winners. The winners and all the participants were awarded certificates at the valedictory function. Fr. Binny Kumpukal, Director, BOSCO Mane, Chamarajpet and Fr. Prasad, Director, BOSCO, Sumanahalli spoke on the occasion. Teams consisting of seven players from BOSCO Vikas, Yuvakendra, Sumanahalli, Vatsalya Bhavan, Rainbow Home and BOSCO Past pupils participated in the event. Ms. Ruchika Jauhar, TDH, project staff and volunteers were present.


## International Human Rights Day

On the occasion of the International Human Rights Day, BOSCO Bengaluru, organized various activities in its centres. Human rights awareness programme was organized at Shri Vidyaniketan English medium school, Jaraganahalli, Bengaluru on December 10, 2018. In
 the keynote address Fr. Prasad, Director, CHILDLINE Collab, BOSCO, Bengaluru described about the Universal Declaration of Human Rights (UDHR), and said that everyone should join hands to prevent violation of human rights. Everyone should take steps to uphold and promote the rights of all human beings. He explained about the services of CHILDLINE 1098 and how CHILDLINE team would reach out to any child in need of care and protection.
Mr. Basavaraju, Coordinator, SJPU, BOSCO Bengaluru, addressed the gathering and explained about Juvenile Justice Act and POCSO Act. Mr. Somaraju, ASI, Puttenahalli police station, explained about Drug addiction and
 the ill-effects of consuming alcohol and drugs. Children should avoid the use of drugs and alcohol, he said. Over hundred seventy-nine children and fifteen teachers participated in this programme.

CREAM Project, BOSCO Bengaluru, organized Human Rights Day celebration at GKMPS, Kadapaswamy Matt, GHPS, Bapujinagar on

## Children's Day March

With a ribbon that read, 'No violence against children', printed on the black ribbon that was tied across their faces and with lighted candles, over hundred children marched from Kempe Gowda Road to the Chickpet Police station in Bengaluru on the evening of International Children's Day, November 20, 2018, asking for protection of children from violence. The candle light rally was organized by BOSCO Bengaluru, in association with District Child Protection Unit, Bengaluru Urban. BOSCO had been observing a child rights week from November 14 to 20, 2018, to spread awareness on the theme, "Protect Children from Violence".
The candle light rally was the culmination of the child rights week. "Violence against children is repeatedly happening all over the country as well as in our city. Stories about brutal acts of violence against children are becoming an everyday reality. This has to stop. We have to join hands and stand up to protect our helpless children", said Fr. Mathew Thomas, Executive Director, BOSCO, Bengaluru. Dr. B. Usha, DCPO, Bengaluru Urban, addressing the rally said, "Protecting children from violence is the responsibility of everyone in the society".
At its start, a group of children from BOSCO performed a dance on the theme of protecting children. The rally was flagged off by Fr. Mathew Thomas. Tulasi, Child Representative, spoke on behalf of the children participating in the rally. She sought protection for the child victims of violence in our country. She reminded Shri. Mahant Reddy, ACP, Chickpet Sub-Division, and the Society of Bengaluru about the atrocities done to children and asked for effective measures to safeguard children. Thousands of signatures were gathered throughout the week-long signature campaign to end violence against children and was submitted to Shri. Mahant Reddy.
He assured children that the police would strive to uphold the rights of children and join the civil society's efforts to protect children from violence. Everyone took an oath to protect children from violence and sang together a song on the theme of protecting children.


December 10, 2018. Mr. Ramaswamy, Coordinator, Ms. Prathibha, and Ms. Vinnarasi, Social Activists, CREAM, BOSCO, Bengaluru, spoke about UNO, empowered children about Human Rights and acts. A few incidents of Human Rights Violations were shared and discussed. Children were motivated to restore Human rights and help others in difficult situations as much as possible. Seventy-nine children and two teachers participated.
BOSCO Yuvakendra celebrated the International Human Rights Day with the youth residing at the centre. Sr. Silvy Lawrence, Director, BOSCO Yuvakendra briefed about the importance of the day and explained about the human rights and the importance of protecting and promoting human rights. Twenty-three youth participated in the celebration.

## Day of the Poor

BOSCO Nilaya, Bengaluru, organized 'Day of the Poor' to bring joy to the hearts of the poor and give a chance for them to celebrate Christmas on December 17, 2018. After bringing the street dwellers to Nilaya, they were given opportunity to cut their hair and shave their beards. They took bath and were given two pairs of dresses each. First aid and Medicines were given to people who had wounds and infections. They were allowed to watch T.V and were given refreshments. In the keynote address, Fr. Regi Jacob, Director, BOSCO Nilaya spoke about the birth of Jesus and said, "Today is the birthday of Pope. Though we believe in different religions, we are all children of one God." Fr. Prasad, SDB, Director, BOSCO Sumanahalli and BOSCO CHILDLINE, spoke on the occasion. Motivational videos were screened. Carol singing was done by Staff. BOSCO Mane and BOSCO Vatsalya Bhavan children performed dances. Cake cutting was done. Gifts were distributed. Lunch was provided to all.
Street dwellers felt very happy and energized and thanked BOSCO Nilaya. They also said that they will help BOSCO Nilaya in rescuing, rehabilitating and referring children. Sr. Silvy Lawrence, Director, BOSCO Yuvakendra and Mr. Veeresh KM, Coordinator, BOSCO Yuvakendra were also present on the occasion. Fifty-five street dwellers were benefited from the programme.


## Karate Belt Grading Examination

BOSCO Nilaya, Bengaluru organized Karate Belt grading examination in collaboration with Mr. Marlinga, Karate instructor (WFSKO) on November 4, 2018 at BOSCO Life Skill Training, Sumanahalli, Bengaluru.
Fr. Regi Jacob, Director, BOSCO Nilaya, Bengaluru, in his keynote address said, "Child rights violations have been increasing day by day. In such a scenario, you as children, especially, adolescent girls must take initiative to bring about awareness and protect yourself. Let us strive to create a child friendly society". Mr. John, Program Head, South Region, Child Rights and You (CRY) appreciated and motivated children to use Karate not only as an art of self- defense but to protect the country during times of difficulty. Fr. Prasad, Director, CHILDLINE and BOSCO Life Skill Training center Summanahalli, Bengaluru, quoting the words of Sensei said, "Safety first de-

fense next. Discipline first everything next". Sensei Syed Fawadullah, Chief Instructor, Karnataka WFSKO and General Secretary, South India WFSKO, emphasized the importance and purpose of learning Karate.

A Karate Demo was done by Mr. Marlinga and children who would be participating in Karate Championship to be held at Goa. Certificates, medals and belts were distributed to all participants by dignitaries. Fr. C.V. George, Director, ARSP and SJPU, BOSCO Bengaluru, was present. Over hundred and twenty children participated in the event.
" Deepavali Celebrations: BOSCO Nilaya Team, Bengaluru celebrated Deepavali with the less privileged people from the surrounding areas of the centre on November 7, 2018. Lunch was prepared by the staff at BOSCO Nilaya. Conveying Deepavali wishes to the street dwellers in Kalasipalya, K.R. Market, Gandhinagar and Balepete, the staff distributed food packs along with sweets. Children burst crackers and celebrated the Deepavali festival. Ninety street dwellers received food packs and crackers.

" Christmas Celebrations: BOSCO Bengaluru celebrated Christmas with staff and volunteers, at BOSCO Mane, Chamarajpet, Bengaluru, on December 20, 2018. John Joshua, Coordinator, HLK, BOSCO Bengaluru briefed about the importance of Christmas. Fr. Mathew Thomas, Executive Director, BOSCO Bengaluru and Fr. Binny K, Director, BOSCO Mane, inaugurated the crib. Addressing the gathering, Fr. Mathew Thomas exhorted everyone to care for the children in need of care and protection with tenderness and love. He
opined that the staff of BOSCO should have the attitude of giving up everything for the welfare of children because BOSCO's priority is rescuing and rehabilitating children in difficult situations. The programme included carols, dances, sharing gifts and exchanging season's greetings with each other. All the staff, volunteers and management participated in the Christmas celebrations.

» Picnic to Fun World: BOSCO Vatsalya Bhavan organized a oneday picnic to Fun World and Water World for the inmates of the centre on October 25, 2018. Children had a chance to relax and enjoy to their hearts content at Fun World and Water World. Sixty- five children and eleven staff were part of the one-day picnic.

» Picnic to Lumbini Gardens: BOSCO Bengaluru, organized a oneday picnic to Lumbini Garden for the children of BOSCO Mane, BOSCO Vikas and for children in Foster Care on November 1, 2018. Children enjoyed playing games. It was a good time

for them to relax. Eighty-eight children, three foster families, eleven staff and Fr. Binny, Director, BOSCO Mane, Bengaluru, participated in the programme.
» Outing to Bannerghatta Biological Park: BOSCO Nilaya and Nivas organized an outing to Bannerghatta Biological Park, Bangalore under the auspices HDFC project, for the children attending tuition classes at BOSCO Nivas, BOSCO Nilaya, Ambedkar Huts, Mackan Compound, Nehrupuram, Rajgopal Garden, Anandpuram, VyayamShaala, Cement Huts, Ramanna Garden, Vinobhanagar on November 26, 2018. Children visited the temple on the top of the Champakadhama hill. Children were exposed to the architecture of the temple and view of the

Bengaluru city from atop the hill. They were taken for boating at the Kavalkere Lake behind at the Park. The children visited the Snake Lake and zoo. Ninety-six Children from twelve tuition centers, Fr. Joshy, Principal, Don Bosco B.Ed. College, Yadgiri and BOSCO Staff including tuition teachers were present for the outing.
» Outing to Don Bosco Ajjanahalli: BOSCO Life Skill Training Centre, Sumanahalli, Bengaluru organized outing to Don Bosco Ajjanahalli for the inmates of the centre on December 26, 2018. Youth interacted with the inmates of Don Bosco Ajjanahalli.


They enjoyed playing games in the park and trekking in the nearby hillock. The youth expressed that being close to the nature was healing experience of sorts. Twenty-five youth and four staff visited the place.
» Visit to Cake Exhibition: BOSCO Life Skill Training Centre, Sumanahalli, Bengaluru organized exposure visit to the 'Cake Exhibition' at St. Joseph Indian School near Kantheerava Stadium, Bengaluru for the youth undergoing training in baking, on December 27, 2018. The youth had an opportunity to see varieties of cakes in different forms exhibited at the show. Cakes made in different shapes like Red Fort, Santa Claus, Indian Cricket team players, etc. attracted their attention. They also learned as to how cakes could be prepared in different shapes. Five youth visited the cake show. Mr. Anthony, Instructor, Life Skill Training Centre, accompanied the youth.


## IN NEWS

## Kids employed to build cops' homes?



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