



E-Street Voice

Monthly Newsletter from BOSCO Bengaluru

Editorial Note...

When Weight Becomes a Burden

'A healthy mind resides in a healthy body,' goes the age-old, adage. Media reports testify to the fact that people, in general, are increasingly becoming health conscious, especially after the outbreak of the COVID-19 pandemic. The sight of walkers and banners announcing summer camps for children is indeed heart-warming.

One of the parents shared during a discussion that her four-year-old girl child had poor skills in speaking and socializing. Exploring the matter further, the parent revealed a stark truth. There was no one else other than the grandmother who was preoccupied with the household chores to do babysitting at home. The child would either watch Television or play with the mobile until the grandmother gets time to attend to her.

Scientific studies and research have proved that physical activity and exercise are quintessential for the overall health of a person. Every year, world obesity day is observed on March 4. As per the data of

UNICEF, overweight and obesity are a growing threat to the overall well-being of children across the globe. Some of the leading factors contributing to obesity are the consumption of highly processed food, lack of physical activity, and sedentary behaviour.

Almost 40 million under-fives around the world are obese, equivalent to nearly 6 percent of this age group. Among children aged 5 to 19 years, it is estimated that more than 340 million are overweight, almost 18 percent.

The world is gradually wriggling out of the crippling clutches of the pandemic and returning to normal. Let us as social workers and educators strive to place adequate emphasis on physical activity and outdoor games in order to contribute to the holistic growth of children.

Fr. Prasad SDB



Towards Healthier Smiles



BOSCO Health Care Department in collaboration with Rainbow Home and BOSCO Vatsalya Bhavan organized a dental check-up for the inmates of the centres on April 3 and 9, 2022 respectively. Dr. Neha

Thomas BDS checked the dental condition of every child and advised the correct way of brushing teeth, maintaining oral hygiene and dental hygiene, and the importance of maintaining healthy teeth and gums. She suggested gargling with salt and warm water regularly to keep the mouth free from germs and bacteria. She recommended X-rays of the teeth for a few children. Some children were prescribed medicines as per their requirements. Thirty children from BOSCO Rainbow Home and thirty-three girls from BOSCO Vatsalya Bhavan benefitted from the dental check-up.

Say 'No' to Child Beggary

CHILDLINE Collab, BOSCO Bengaluru, organized Anti Child Beggary campaign in collaboration with the Department of police and organized a public announcement over the PA system engaging a vehicle, in Yeshwanthpur, Jalahalli, and Sadashivanagar Police Station limits, on April 13, 2022. Along with Mr. Umesh, Sub Inspector, Yeshwanthpur Police Station, Hoysala staff, and vehicles, the team visited every signal and bus station and gave awareness about children found begging. The team members distributed the CHILDLINE pamphlets to the public. CHILDLINE team moved to the vulnerable signals like the police station junction signal, Yeshawanthpura Market, Yeshawanthpura Railway Station road, BMTC Bus stop, Mattikere Main Road, Vishal Mart signal, and Guru Darshan Hotel signal, that come under Yeshawanthpura Police station, Veera Madakari Nayaka Bus Station, BEL Circle Road, BEL Circle, and BEL Bus stop in Jalahalli Police Station limits and Sadashivanagar Signal, Mekri Circle, Bhashyam Circle, MS Ramaiah Circle, MS Ramaiah Hospital Road, and signal in Sadashivanagar Police Station limits. Around six hundred public benefitted from the programme.



Meeting of Caring Community Leaders



Child Safety Net (CSN) Project, BOSCO Bengaluru organized a meeting with Caring Community Leaders at Chamarajpet Police Station, Bengaluru on April 23, 2022. Basavaraju PN, the Coordinator of, CSN Project, gave information about child protection mechanisms, the child labour act, and the consequences of employing children, to the Caring Community Leaders. He requested the members of the Factory Owners Association not to engage children in their factories for work. He appealed to the members to create a child-labor-free society by serving as watchdogs and supporting BOSCO in rescuing and rehabilitating child labourers.

Mr. Gere, ACP, Subdivision, Mr. B S Lokapoor PI, Chamarajapet, and Mr. Gopal PSI, Chamarajapete were present in the meeting. Fifty members of the association belonging to garages, hotels, bags, welding, saree colouring, etc. factories, and units participated in the meeting.

Health Camp at BOSCO Yuvaspandana



A Health Camp was organized at BOSCO Yuva Spandana, JC Road, Bengaluru by the BOSCO Nilaya team in coordination with the BOSCO Health Care team for the children attending the tuition classes, on April 21, 2022. A team of doctors from St. Martha's Hospital including Ms. Uma, Social Worker conducted the camp. Eye, weight, height, BP, and physical health check-ups were done for all the children.

Two children were referred for an eye check-up, and two children were referred for a thyroid test. Children were advised to consume homemade food and on consuming fruits, green vegetables, milk, and egg every day. Hundred and thirty-nine children availed the services of the camp.

Child Help Group Meeting



BOSCO Railway CHILDLINE conducted a Child Help Group (CHG) Meeting at Station Director's Office, South Western Railways, KSR, Bengaluru on April 18, 2022. Mr. Abhishek Sai, Coordinator, BOSCO Railway CHILDLINE shared the progress report of the Child Help Desk/KIOSK (CHDK) about period-April, 2021 to March 2022. Mrs. Rashmi M.T, Programme Manager, CLA oriented on the re-

quirement and the frequency of conducting the CHG meeting as per the new SOP issued.

Ms. Geetha, DRSP raised the concern of keeping the accused in eloping case for more than 24 hours and suggested following the GRP instructions in the future. She also suggested following a uniform code for the staff of the Railway CHILDLINE for easy identification. ASC-RPF Hindupur recommended extending the service of CHILDLINE/SU till Hindupur, as they don't have any provision or availability of CHILDLINE services or any NGO's presence over there. Issues related to administration, fake Aadhaar Cards, and the non-availability of CWC members during specific holidays were also discussed. Fr. Varghese Pallipuram, Executive Director, BOSCO Bengaluru, twenty-four Railway Officials, RPF officials, and Railway CHILDLINE staff were part of the meeting.

Foster Care Awareness



In coordination with BOSCO Adjacent Railway Street Presence (ARSP) Project Foster Care Programme, BOSCO Bengaluru conducted an awareness for the staff of Railway Station, Yelahanka, Bengaluru at the railway station on April 9, 2022. Mr. Shivamallu, State Coordinator, BOSCO Foster Care Programme explained the foster care concept, the process for fostering children, the adoption process, the role of CWC and DCPO, and the submission of the Foster Care Application. Mr. Madhusudhan, Station Manager, Yelahanka Railway Station was present during the programme. A total of ten staff attended the awareness programme.

Session on Financial Literacy



An input session on Financial Literacy was organized for the trainees at BOSCO Sumanahalli by ICICI Foundation on April 26, 2022. Three staff members from ICICI Foundation enlightened the boys on the importance of savings in their life. They spoke about how to save, how much to save, where to save, the difference between current and saving accounts, the importance of budget and planning, pension schemes, etc. The boys were also cautioned to beware of online frauds and fraudulent schemes and activities. The interactive session helped the trainees to plan for their future. Nineteen trainees and seven staff members participated in the program.

Spoken English Classes and Discovery of Talents

BOSCO Yuvakendra organized the inauguration of the month-long Spoken English Class and Discovery of talents for the youth of the centre and the children from Magadi Road attending tuition classes at the centre on April 20, 2022. Sr. Silvy Lawrence, Centre Director, introduced the programme to the group. Addressing the children Mr. Lokesh Kumar, Comedian and Cine Actor, Bengaluru, gave a few inputs and the values of learning the languages for their better future. He also entertained the children by narrating the Cock and Bull Story. The guests were invited to open the model of “Ancient Stock illustrations of “Spoken English Class and Discovery of Talents”. The children put up cultural programmes. Ms. Prathima Lokesh



Kumar, Artist, Master Chirag Lokesh Kumar, Child Representative, and Fr. CV George, Salesian In-Charge, BOSCO Yuvakendra were present on the occasion. Eighteen youths of the centre and twenty-two children attending tuition classes participated in the inauguration.

Outing to Biological Park



BOSCO Mane organized a one-day outing to Biological Park, Bannerghatta, Bengaluru for the children at the centre on April 1, 2022. Children strolled around the park enjoying the greenery, and watching different animals, birds, reptiles, and insects. The children learned about the wild and domestic animals, their habitats, the importance of protecting them to maintain the ecosystem, and their responsibility as human beings in protecting the flora and fauna. They enjoyed a sumptuous lunch. Fr. Prasad SDB, Director, BOSCO Mane, and staff accompanied the children during the outing. Thirty-six boys were part of the outing.

Awareness Programmes



BOSCO Nilaya and Nivas conducted shop to shop and public awareness at Jolly Mohalla and Shivajinagar areas on child rights, child rights violation, CHILDLINE, tuition classes, vocational skill training courses, karate classes, and remedial classes for high school students at BOSCO Nilaya and Nivas on April 4 and 11, 2022. The public appreciated and thanked the teams of BOSCO for the efforts made in creating awareness. Around two hundred and fifty people were given awareness in the Jolly Mohalla area. Around a hundred and eighty handbills were distributed to people in the commercial Street and Gujari Market areas of Shivajinagar.



Summer Camp at Nelamangala

BOSCO CREAM Project organized a two-day Summer Camp for the school children at Shree Bhairaveshwara High School, Nelamangala, Bengaluru Rural on April 13 and 14, 2022. Mr. Parappa, H.M, Shree Bhairaveshwara High School, Mr. Suresh, ASI, Nelamangala Police Station, Fr. Joshy Puthur, Director, Life Skill Training Center, BOSCO Sumanahalli, and Fr. Regi Jacob, Director, Nilaya, and Nivas were present. After the inaugural program, children were divided into four groups. Fr. Regi Jacob took a session on Goal Setting. Party games, action songs, art and craft, life skill sessions, value education sessions, and meditation were taken up during the two days of the camp. Children also put up cultural programmes displaying their talent. Winners were given the prizes. Sixty-seven boys and forty-four girls from Shree Bhairaveshwara High School, Govt. High school, V.V Pura, and GJC Nelamangala School participated in the camp.



Camp- ARSP

BOSCO Adjacent Railway Street Presence (ARSP) organized a one-day summer camp for the children attending tuition classes in Satellite Bus Stand Quarters, Mysore Road and Tungabhadra Colony near Cantonment Railway Station on April 29 and 30, 2022 respectively. Bro. Lijo spoke about Don Bosco and narrated stories about him. Mr. Shekar, Coordinator, ARSP explained the purpose of the summer camp. Mr. Rangaswamy, Team Member, ARSP, took a session on child rights and child-related acts and



policies. The children were divided into two groups. The sessions included meditation, art and crafts, song, dance, memory games, and team-building exercises. Fifty-six children participated in the summer camp.



Summer Camp at Keremegala Doddi



The children were also given the experience of sleeping in camping tents at night.

Fr. Varghese Pallipuram, Executive Director, BOSCO Bengaluru, Fr. Mathew Thomas, Former Executive Director, BOSCO Bengaluru, Dr. M. Byre Gowda, Poet, Writer, Actor, Singer, and Janapada Vidvan and Sr. Sheeba, Director, BOSCO Vatsalya Bhavan were present at the concluding programme. Fr. Varghese Pallipuram, addressing the children, suggested applying the

BOSCO Vatsalya Bhavan organized a five-day summer camp for the inmates of the centre at Keremegala Doddi, Ramanagara from April 25 to 29, 2022. Mr. Lokesh, Actor, and Mr. Kishan, Artist and Film Co-Producer conducted the camp. On the first day, the Family Group was formed. Activities during the five-day camp included activities on awareness about self, learning through games, gratitude circle, blind walk in the forest, trekking, morning walks, creating stories, paper art (Making Dragon), drawing and painting, public speaking, clay modeling, creative dance forms like Kamsale and Salsa and campfire.

learning from the camp to their daily life. He appreciated the staff and the resource persons for their services. Ms. Sheeba Thomas thanked the participants and resource persons. The children shared their insights about the camp. Thirty-three girls participated in the summer camp.





Summer Thrill at BOSCO Yuvaspandana

BOSCO Nilaya and Nivas organized a five-day of Summer Thrill Camp at BOSCO Yuvaspandana, J.C Road, for the children of the surrounding areas like Vyayaam Shaala, Vinobha Nagar, Cement Huts, Ramanna Garden, BOSCO Nilaya, Rajgopal Garden, Giripuram, Anandapuram, BOSCO Nivas, Neharupuram and Makhan Compound from April 19 to 23, 2022.

The camp was inaugurated by lighting of the lamp by Fr. Michael, Mangalore, Mr. Rangaswamy, ASI, J.C Road Police Station, Fr. Varghese Pallipuram, Executive Director, BOSCO Bengaluru, and Fr. Regi Jacob, Director, BOSCO Nilaya and Nivas. In the keynote address, Fr. Regi Jacob spoke about the purpose of the camp. Fr. Varghese Pallipuram said that the right to participation is very important in the camp. Mr. Ramaswamy explained child-related acts with relevant examples.

The children were divided into six groups. The ses-



sions included meditation, yoga, advantages, and disadvantages of social media, action songs, life skills, party games, goal setting, team building, songs, dance, value education, art and craft, child rights, child protection mechanisms, CHIDLINe, CWC, and its functions, the role of CWOs, KSCPCR, UNCRC, UNICEF, Karate, and quiz. A health camp was conducted by St. Martha's hospital Team.

Fr. Joshy Puttur, Director, BOSCO Life Skill Center, Sumanahalli, Sr. Saleena, Coordinator, BOSCO Life Skill Center, Sumanahalli, Ms. Dakshaini, Yoga Teacher, Swarga Rani Institute, Mr. Marlinga, Karate Instructor, Bro. Lijo, Ms. Navila Jo, Founder, Navila's studio, Ms. Vinnarai, Staff BOSCO Yuvodaya, volunteers, and the staff of Nilaya and Nivas conducted the sessions.

Master Arya, Master Charan, and Ms. Ranjana summarized the activities and sessions conducted in the camp and their learnings individually. Fr. Joshy Puttur read out the winner list. An appreciation medal was given to the winners. Prizes were distributed to all the teams by the dignitaries. Sixty-two boys and seventy-seven girls from eleven communities participated in the camp.



BOSCO: Homelink Child MISS MONTHLY REPORT



April- 2022



	Male	Female	Total
Children rescued	236	45	281
Service provided	48	16	64
Grand Total	284	61	345

New Children Data of Contact Center/Area:

Contact Point	Fresh		Repeated		Total
	Boys	Girls	Boys	Girls	
Railway ChildLine	140	12	00	00	152
Bus Stand BMTC	23	03	00	00	26
Bus Stand KSRTC	13	04	00	00	17
BOSCO Yuvodaya	01	00	01	00	02
BOSCO Sumanahalli	08	00	00	00	08
BOSCO Nilaya	00	01	00	00	01
BOSCO Rainbow Home	00	01	00	00	01
BOSCO Vatsalya Bhavan	00	07	00	00	07
CHILDLINE	02	07	00	00	09
SJPU	06	03	00	00	09
ARSP	42	07	00	00	49
TOTAL	235	45	01	00	281

Final Action Taken:

Placement	Boys	Girls	Total
Referred to BOSCO Centers	19	19	38
Home Placement	202	06	208
Produced before CWC (Admission)	12	20	32
Referred to OH	03	00	03
TOTAL	236	45	281

Classification Report

Classification	Boys	Girls	Total
Accompanied	69	20	89
Unaccompanied	167	25	192
TOTAL	236	45	281